

## Medications



### Blood pressure/Cardiac medication

- Talk to your PCP or cardiologist to discuss your medications
- Get specific instructions for diuretics and blood thinners including: **Eliquis, Coumadin, Pradaxa, Plavix, Ticlid**

### Some medications can continue until day of surgery

- It is **OK** to take Tylenol (acetaminophen), Oxycodone, Dilaudid, Neurontin, Flexeril and Skelaxin
- **Celebrex** is the only NSAID that is OK



## Medications (continued)



### 10 Days before surgery

- **Stop** taking **aspirin**, including **Excedrin**, unless otherwise directed by your provider
- **Stop** all Herbal Products/Alternative Medications:

Examples: **Vitamin E, glucosamine, fish oils**, ginkgo biloba, ginseng, dong quai, garlic, kava, ma huang, St. John's wort and non-vitamin supplements

### 7 Days before surgery

- **Stop** NSAIDs products  
Examples: Aleve, Ibuprofen (Motrin, Advil), Naproxen, Nabumetone, Ketolorac, Mobic, Robaxin, Meloxicam, Diclofenac
- **Stop** all diet and weight loss medications
- **Stop** CBD Oil (cannabidiol) taken internally



## Medications (continued)

### 36 Hours before surgery

- **Stop** Viagra, Levitra & Cialis
- **Stop** topical medications
- Ask MD about Insulin

### 24 Hours before surgery

- **Stop** oral hypoglycemic containing **Metformin**

Examples: Glucophage, Riomet, Glumetza, Glucophage XR, Fortamet, Avandamet, Actoplus, Glucovance, Actoplus, Glyburide, Glipizide, Invokamet, Jentadueto, Janumet, Kombiglyze XR, Metaglip, PrandiMet, Xigduo, Kazano, Synjardy, Segluromet

- All other **oral hypoglycemic agents** should be **held** the morning of surgery



### 24 Hours before surgery

- **Stop** ACE Inhibitors:  
Examples: Lisinopril, Vasotec
- **Stop** Angiotensin Receptor Blockers:  
Examples: Cozaar, losartan, Benicar, Candesartan, Atacand, Valsartan

